


January 2026 STRUCTURED ACTIVITY CALENDAR for The Neighbors - EAST

\*All programs, including locations and times, are approximate and subject to change

\*Household staff facilitate activities throughout the days, evenings, and weekends

Monday	Tuesday	Wednesday	Thursday	Friday
				
			1	2
9:30  (Tenderhearth) 2:30 Music & Relaxation (Community Room) 3:00 Music Therapy (Community Room)	9:30 Virtual Field Trip (Community Room) 11:00 Bunco (Eastbrook) 2:00 Humor Time (Tenderhearth)	9:30 Sing Along (Tenderhearth)  10:30 Mad Libs (Tenderhearth) 2:15 Balloon Volleyball (Eastbrook) 4:00 Worship Service (East Chapel - Ch. 43)	9:15 Yahtzee (Community Room) 11:15 1:1 Music Visits (Eastbrook) 1:00 Bible Story Discussion Group (Community Room)  2:00 All About Elvis (Tenderhearth)	9:30 Yahtzee (Tenderhearth) 11:00 Balloon Volleyball (Eastbrook) 2:00 Happy Hour Music by John Lynch (Morning Song) 
5	6	7	8	9
9:30 Music Therapy (Community Room) 11:00 Music Therapy (Eastbrook) 2:30 Music & Relaxation (Community Room) 3:00 Name That Tune (Community Room)	9:30 Scattergories (Morning Song) 11:15 Sing Along (Eastbrook)  1:30 Outing to Dollar Tree	9:30 Sing Along (Tenderhearth)  10:30 Mad Libs (Tenderhearth) 2:15 Balloon Volleyball (Eastbrook) 4:00 Worship Service (East Chapel - Ch. 43)	9:15 Yahtzee (Community Room) 11:15 1:1 Music Visits (Eastbrook) 1:00 Bible Story Discussion Group (Community Room) 2:45 Bingo (Community Room)	9:30 Hymn Apprec. (East Chapel - Ch. 43) 10:45 Balloon Volleyball (Eastbrook)  2:00 Happy Hour Music by Rich Schroeder (Tenderhearth) 
12	13	14	15	16
19	20	21	22	23
	9:30  (Community Room) 11:00 Sing Along (Eastbrook) 2:00  (Community Room)	9:30 Sing Along (Tenderhearth)  10:30 Mad Libs (Tenderhearth) 2:15 Balloon Volleyball (Eastbrook) 4:00 Worship Service (East Chapel - Ch. 43)	9:15 Yahtzee (Community Room) 11:15 1:1 Music Visits (Eastbrook) 1:00 Bible Story Discussion Group (Community Room) 2:45 Pokeno (Community Room)	9:30 Hymn Appreciation (East Chapel - Ch. 43) 10:45 Balloon Volleyball (Eastbrook)  2:00 Paint & Sip (Morning Song)
26	27	28	29	30
9:30 Music Therapy (Community Room) 11:00 Music Therapy (EB) 11:00 Iron Creek Methodist Church Service (Ch. 41) 2:30 Music & Relaxation 3:00 Musical Bean Bag Toss (Community Room)	9:30 Bingo (Community Room) 11:15 Sing Along (Eastbrook) 3:30 ELCA Lutheran Communion & Worship Service (West Chapel - Ch. 41)	9:30 Sing Along (Tenderhearth)  10:30 Mad Libs (Tenderhearth) 2:15 Balloon Volleyball (Eastbrook) 4:00 Hymn Sing (East Chapel - Ch. 43)	9:15 Yahtzee (Community Room) 11:15 1:1 Music Visits (Eastbrook) 12:30 B.S.D. Group (Chapel)  1:30 Big Screen Movie (Community Room)	9:30 Hymn Appreciation (East Chapel - Ch. 43) 10:45 Balloon Volleyball (Eastbrook) 2:00 Baking (Morning Song)