



December 2025 &
January 2026

NEWS FROM THE NEIGHBORS

**TAKE A LOOK AT WHAT IS HAPPENING AROUND
THE NEIGHBORS OF DUNN COUNTY!!**

Written by Alyssa Stelter
Life Enhancement Mentor and
Volunteer Coordinator

COLD WEATHER & FIRE SAFETY



Cold & flu season is upon us! Please avoid visiting and/or wear a mask if you feel unwell. Another great way to avoid spreading illness is practicing good hand hygiene. Best practice includes washing hands with soap and water for at least 20 seconds, ensuring you scrub all surfaces, or using an alcohol-based hand sanitizer with at least 60% alcohol if soap and water are unavailable.



SAFETY GUIDELINES STATE THAT WE ARE NOT ALLOWED TO HAVE HEATERS OR HEATED BLANKETS ANYWHERE IN THE FACILITY. THEY ARE FIRE HAZARDS. IF YOU OR YOUR LOVED ONE WOULD LIKE THEIR ROOM TO BE WARMER, WE CAN ABSOLUTELY MAKE THAT HAPPEN! ASK ANY OF OUR STAFF TO PUT IN A WORK ORDER AND OUR MAINTENANCE TEAM WILL ADJUST THEIR THERMOSTAT.

Regulations also state that we cannot have humidifiers or diffusers that use heat sources in resident rooms. They are safety hazards. If you would like to get a diffuser, those that use the liquids/reefs or do NOT have a heating element are acceptable.



Crockpots may NOT be used in any of the households. Extension cords and power strips may not be used at all.

Crockpots MAY be used in the places listed to the right in each building. If you would like to use crockpots, please reach out to reserve one of these spaces. These guidelines have been put in place for fire safety.

CROCKPOT SAFE ROOMS

Central Building:
Training Room,
Conference Room,
Community Room,
Chapel, Red Cedar Bistro,
& Beauty Shop

East & West Buildings:
Community Room, Chapel,
& Beauty Shop

ROOM DECOR REMINDER

Per fire safety codes about fire grade doors, no more than **THIRTY PERCENT** of room doors at The Neighbors can be decorated. Please keep this in mind all year, but especially around the holidays. We are also **NOT** allowed to have any live wreaths or trees in the facility. Thank you for diligence in helping us keep campus safe!





COLD WEATHER & FIRE SAFETY

OUTDOOR COLD WEATHER SAFETY TIPS

FROM THE NATIONAL WEATHER SERVICE

1. Wear layers of loose-fitting, lightweight, warm clothes.
2. Wear a hat, hood, or other warm head covering.
3. Try to stay dry and out of the wind.
4. Cover your mouth to protect your lungs from extreme cold.
5. Wear mittens that are snug at the wrist.



THE OLD FARMER'S ALMANAC PREDICTIONS FOR 2025-26 WINTER



IMPORTANT!

PLEASE DO NOT PARK OVER THE SIDEWALKS WHEN PARKING IN FRONT OF THE HOUSEHOLDS! THIS MAKES IT MUCH HARDER FOR OUR FACILITIES TEAM TO REMOVE THE SNOW & KEEP OUR SIDEWALKS CLEAR.

"Mild winter by Midwest standards with some snowy bursts. Shorter cold snaps may ease winter chores, but don't skip them!"

- **Temperatures:** Above normal
- **Coldest periods:** Much of December, early and late January, early February
- **Precipitation:** Below normal
- **Snowfall:** Below normal; snowiest periods in late November, late January, early February"

NEW SPEED LIMIT SIGNS



You may soon notice new speed limit signs around campus. These have been added to ensure the safety of residents, visitors, and community members that frequently walk on our roads and sidewalks. Thank you for slowing down!



TNDC ROOM RESERVATION GUIDELINES

If your family would like to reserve a room, they are on a first come first serve basis. Please reach out to any of our Life Enhancement staff to make a reservation.

ANY BUILDING

ALYSSA STELTER

ASTEELTER@DUNNCOUNTYWI.GOV

715-231-4589

CENTRAL BUILDING

SAM BEHLING

SBEHLING@DUNNCOUNTYWI.GOV

715-231-4579



WEST BUILDING

CHUCK AUSMAN

CAUSMAN@DUNNCOUNTYWI.GOV

715-231-4609

EAST BUILDING

QUINTON KASE

QKASE@DUNNCOUNTYWI.GOV

715-231-4630



MEMORIAL LIGHTS

**"WHAT WE HAVE ONCE ENJOYED WE CAN NEVER LOSE: FOR ALL THAT WE LOVE DEEPLY BECOMES A PART OF US."
- HELEN KELLER**

We would be honored to help remember your loved one with a light displayed in front of our Central Building. If you would like a memorial light, please fill out this form or the online form using the QR code. You may also contact Alyssa Stelter - 715-231-4589 or astelter@dunncountywi.gov. Last day for forms is December 17th. Lights will be displayed December 19th until January 19th. Names will be displayed in a video on The Neighbors Facebook page.

Your Name: _____

Your Email: _____

Your Phone Number: _____

In Memory Of: _____

Would you like their name(s) posted on Facebook?

YES

NO

Suggested donation - \$5 per memorial.
Please write checks to "Sugar Bowl".

All proceeds will go towards cost-free resident engagement in the community.

TNDC CHRISTMAS MEAL ORDER

Happy holidays from The Neighbors to you! If you would like to eat a holiday lunch or supper with your loved one, you are more than welcome to sign up for one here at The Neighbors! Meals will be served on December 24th at supper (5:00 pm) and on December 25th at lunch (12:00 pm). MEALS MUST BE ORDERED BY DECEMBER 8TH.

**ON THE MENU:
DEC. 24**

Slow Roasted Hot Beef on a Bun
Sliced Pickles
Cheesy Hashbrowns
Creamy Coleslaw
Bread Pudding with a Warm Butter Sauce

**ON THE MENU:
DEC. 25**

Maple Glazed Ham
Seasoned Mashed Potatoes & Gravy
Green Bean Casserole
Fruit Salad
Fresh Dinner Roll
Dutch Apple Pie with Whipped Topping



Please either fill out the online form using the QR code



OR return the bottom of this form to the front desk in Central or in the mail.

Please drop off at The Neighbors Central front desk or mail to Alyssa Stelter, 2901 Forbes Ave, Menomonie, WI 54751.

You may pay at the front desk, through the mail, or on our website.

Payment is due before December 19TH. Each meal is \$10.00.



YOUR NAME: _____

EMAIL: _____

PHONE NUMBER: _____

RESIDENT NAME: _____

HOW MANY MEALS WOULD YOU LIKE DEC. 24TH? _____

HOW MANY MEALS WOULD YOU LIKE DEC. 25TH? _____

NDC HOLIDAY PARTIES

START
TIME:
2:00 PM

EAST BUILDING

EASTBROOK - DEC. 11
MORNING SONG - DEC. 15
TENDER HEARTH - DEC. 18



WEST BUILDING

EVEN TIDE -
DEC. 12
RED CEDAR -
DEC. 16
INGLENOOK -
DEC. 19



CENTRAL BUILDING

DEERVIEW & FIRESIDE -
DEC. 22
LOCATION:
CENTRAL BISTRO



MERRY
CHRISTMAS

“The Joy of brightening other lives, bearing each others’ burdens, easing each other’s loads and supplanting empty hearts and lives with generous gifts becomes for us the magic of the holidays.” – W. C. Jones



Merry Christmas
and happy
holidays from
everyone at The
Neighbors of
Dunn County!
May your
celebrations
be filled
with warmth
and cheer.

HAPPY NEW YEAR!

Happy New Year from The Neighbors!
We hope that your year is filled with
laughter and lasting memories with
friends and loved ones.



A YEAR IN REVIEW

SUPER!



COOL!

AWESOME



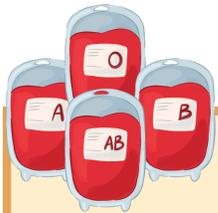
FUN!



"THE FUTURE BELONGS
TO THOSE WHO BELIEVE
IN THE BEAUTY OF
THEIR DREAMS."
— ELEANOR
ROOSEVELT

JANUARY IS BLOOD

DONOR MONTH



BLOOD SUPPLY

FUN FACTS

FROM THE AMERICAN RED CROSS

- Every 2 seconds someone in the U.S. needs blood and or platelets.
- Approximately 29,000 units of red blood cells are needed every day in the U. S.
- Nearly 5,000 units of platelets and 6,500 units of plasma are needed daily in the U.S.
- Nearly 16 million blood components are transfused each year in the U.S..



WHO BENEFITS FROM BLOOD DONATIONS?

- Trauma patients
- Patients with surgical complications
- Patients with chronic diseases - cancer, anemia, sickle cell disease, etc.
- Pregnant women with complications from pregnancy or childbirth
- People with liver problems - components like platelets or plasma for clotting factors
- People with infections

ELIGIBILITY & DONATIONS

WHILE ELIGIBILITY CAN VARY BASED ON HEALTH STATUS, ROUGHLY 37% TO 38% OF THE U.S. POPULATION IS ELIGIBLE TO DONATE. OF THOSE ELIGIBLE, ONLY ABOUT 3% TO 10% DONATE EACH YEAR.

SCAN THIS QR CODE TO FIND A BLOOD DRIVE NEAR YOU!

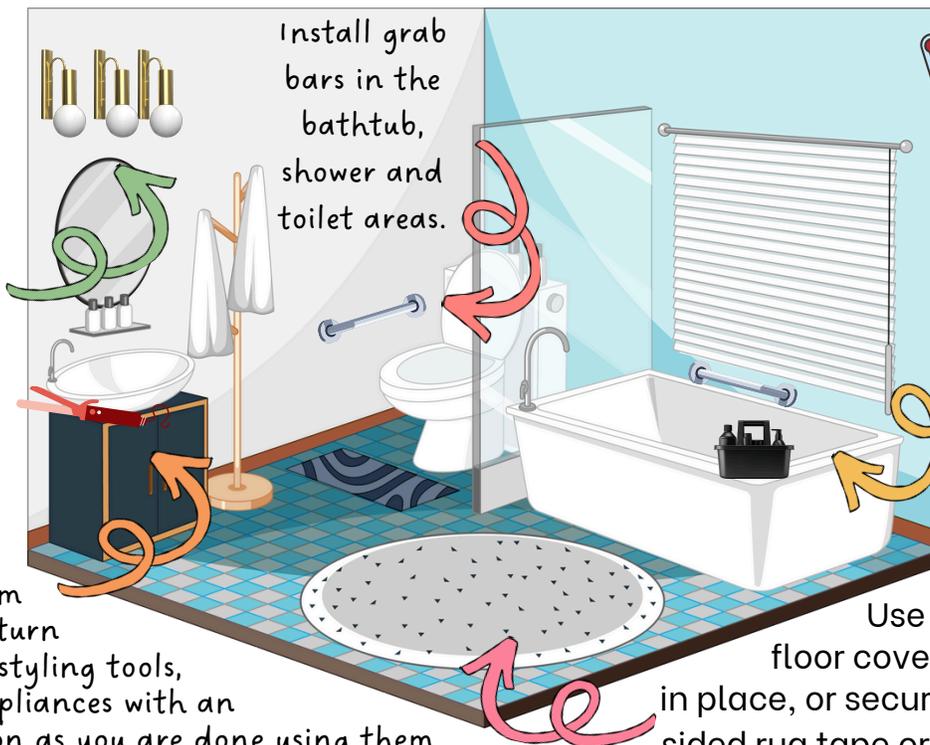


JANUARY IS BATH SAFETY MONTH

TIPS AND TRICKS FROM KOHLER & AARP TO MAKE YOUR BATHROOM SAFER

Install the highest wattage bulb that's allowed for the fixture & install a night-light.

Keep all electrical appliances away from water. Take care to turn off and unplug hairstyling tools, radios and other appliances with an On/Off switch as soon as you are done using them.



Set the water heater to 120° to avoid scalding.

Adding shelving or a caddy to an accessible area of your bath will prevent unnecessary reaching.

Use only rubber-backed floor coverings that stay firmly in place, or secure them with double-sided rug tape or rubber carpet mesh.