

### OCTOBER & NOVEMBER 2023 News from The Neighbors

### Take a look at what is happening around The Neighbors of Dunn County!!

Written by Alyssa Doughty Life Enhancement Mentor and Volunteer Coordinator



## TNDC LOADED BAKED POTATO SALE



TOPPINGS QUESO SHREDDED CHEESE SALSA SOUR CREAM MELTED BUTTER BACON CHILI BROCCOLI BROCCOLI ONIONS BLACK BEANS

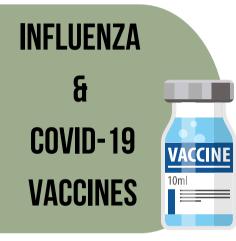


ORDERS DUE OCTOBER 11TH USE THE QR CODE TO PLACE YOUR ORDER! PICK-UP ON OCTOBER 25TH 10:30 - 1:00 PM AT THE NEIGHBORS ORDERS - \$8.00 EACH

PROCEEDS GO TOWARDS COST FREE COMMUNITY ENGAGEMENT FOR OUR RESIDENTS. PLEASE CONTACT ALYSSA - ADOUGHTY@CO.DUNN.WI.US WITH ANY QUESTIONS!

## TNDC Updates and Reminders

Positive cases of COVID-19 will impact the need for masking across campus. Make sure to check the signs on the doors of each household for masking procedures. If you are sick, please stay home! We are more than happy to help you and your loved ones connect via Zoom. If you would like to set up a video call, please contact Alyssa in our Life Enhancement department - adoughty@co.dunn.wi.us.



COVID boosters will be available on October 11th for residents and eligible staff members.

Flu shots will be given to residents throughout October. Flu shot clinics will be held for TNDC staff October 16th - 20th. If you have any questions, please don't hesitate to reach out to our nursing team!

### **REMINDERS FOR RESPIRATORY ILLNESS SEASON**



Wash your hands with soap and warm water for at least 20 seconds. If soap and water is not readily available, hand sanitizer that is at least 60% alcohol is effective as well.

CLEAN & DISINFECT HIGH TOUCH SURFACES REGULARLY.

Cover your coughs & sneezes!

Avoid touching your eyes, nose, and mouth. Germs spread this way. Factors that Increase Risk of Influenza: Asthma Diabetes Heart & lung disease People 65 years+

## Job Openings at The Neighbors

### **CERTIFIED NURSING ASSISTANT**



THE CNA RESPONSIBLE FOR TO PROVIDING NON-PROFESSIONAL NURSING CARE AND RELATED SERVICES AS REQUIRED TO MEET THE PERSONAL AND EMOTIONAL NEEDS AND COMFORT OF RESIDENTS, AND TO PROVIDING ASSISTANCE WITH OCCUPATIONAL AND PHYSICAL THERAPY, AND SPEECH PROGRAM ACTIVITIES.

REQUIREMENTS: CURRENT CERTIFICATION AS A CERTIFIED NURSING ASSISTANT IN THE STATE OF WI.

### **STAFF NURSE**

THE STAFF NURSE IS RESPONSIBLE FOR OBSERVING AND MANAGING ACUTE CHANGES IN CONDITION WHILE PROVIDING A SAFE HOME-LIKE ENVIRONMENT WITHIN THE SCOPE OF PRACTICE OF A REGISTERED NURSE.

**REQUIREMENTS:** ASSOCIATE'S DEGREE FROM AN ACCREDITED SCHOOL OF NURSING, CURRENT LICENSURE IN THE STATE OF WI AS A REGISTERED NURSE, & CPR CERTIFICATION





### HOMEMAKER

THE HOMEMAKER WORKS IN PREPARING FOOD FOR HOUSEHOLD MEALS AND SNACKS THAT ARE HEALTHY, APPETIZING AND SERVED IN A TIMELY, SANITARY MANNER, AND FOR PERFORMING HOUSEKEEPING DUTIES TO MAINTAIN CLEANLINESS AND NEATNESS OF HOUSEHOLD.

**REQUIREMENTS:** HIGH SCHOOL DIPLOMA OR GED & SERVSAFE CERTIFICATION WITHIN ONE (1) YEAR OF HIRE.

### PART-TIME FOOD SERVICE WORKER

RESPONSIBLE FOR PROVIDING ASSISTANCE WITH THE BASIC FUNCTIONS OF THE DIETARY DEPARTMENT, RED CEDAR BISTRO AND THE SENIOR MEAL PROGRAM TO INCLUDE THE PREPARATION OF REGULAR AND SPECIAL DIET FOODS; PROVIDING ASSISTANCE IN PREPARING AND DISTRIBUTING FOODS/MEALS WHILE FOLLOWING STANDARDIZED RECIPES, EXTENSIONS AND MENUS; AND FOR OPERATING, CLEANING AND SANITIZING DIETARY EQUIPMENT.

**REQUIREMENTS:** HIGH SCHOOL DIPLOMA OR GED & SERVSAFE CERTIFICATION WITHIN ONE (1) YEAR OF HIRE.



### LICENSED PRACTICAL NURSE

THE LICENSED PRACTICAL NURSE IS RESPONSIBLE FOR OBSERVING AND MANAGING ACUTE CHANGES IN CONDITION WHILE PROVIDING A SAFE HOME-LIKE ENVIRONMENT WITHIN THE SCOPE OF PRACTICE OF A LICENSED PRACTICAL NURSE. REQUIREMENTS: LPN DIPLOMA FROM AN ACCREDITED SCHOOL OF NURSING. REQUIRES A MINIMUM OF ONE (1) YEAR PREVIOUS NURSE OR HEALTH RELATED EXPERIENCE. & CPR CERTIFICATION

## Happy Healthcare Foodservice Week! October 1st-7th

Our kitchen and dietary staff put in a lot of work to provide delicious meals that keep our residents nourished. They are essential in ensuring that residents get food that fits their needs and diets. We would like to recognize that combined, they have 82 years of experience here at The Neighbors. Thank you for everything that you do to put smiles on residents' faces!

## Meet Our Staff

**BE ON THE LOOKOUT** 

FOR OUR NEW

FALL/WINTER MENUS

THAT STARTED

**OCTOBER 2ND!** 

ALLIE ANDERSON - 5 YEARS OF SERVICE DAVID DRAEGER - 2 YEARS OF SERVICE SHERI ELLIOTT - 15 YEARS OF SERVICE MONICA LINK - 2 YEARS OF SERVICE CARRIE MCKNIGHT - 29 YEARS OF SERVICE KJERSTI SCHREMP - 5 YEARS OF SERVICE ALEX SOWLE - 2 YEARS OF SERVICE KATHY TIREMEN - 12 YEARS OF SERVICE ROXANNE WEISHAPPLE - 10 YEARS OF SERVICE

### From our Kitchen to Yours... Pumpkin Bars

#### FOR THE BARS:

4 EGGS 2 CUPS SUGAR 2 CUPS PUMPKIN 3/4 CUP MELTED BUTTER 2 CUPS UNSIFTED FLOUR 2 TSP. BAKING POWDER 1 TSP. BAKING SODA 1/2 TSP. CINNAMON

#### **TO MAKE BARS:**

MIX TOGETHER EGGS, SUGAR, PUMPKIN, & BUTTER. SIFT FLOUR, BAKING SODA, BAKING POWDER, & CINNAMON. ADD THE DRY INGREDIENTS TO THE BATTER. POUR BATTER INTO BUTTERED/FLOURED JELLY ROLL PAN. BAKE AT 325° FOR 25 MINUTES. COOL & FROST.

#### FOR THE FROSTING: 1 (3 OZ) PACKAGE CREAM CHEESE 3/4 STICK SOFTENED BUTTER 1 TSP VANILLA 3 CUPS UNSIFTED POWDERED SUGAR 1/2 TBSP. LIGHT CREAM TO MAKE FROSTING: COMBINE ALL INGREDIENTS. BEAT UNTIL SMOOTH.

## Happy National Physical Therapy Month!

In honor of October being PT Month, our therapy crew would like to share some fall risk factors and prevention tips!

<u>Light it up!</u> Add additional lighting to your home to make it easier to see hazards.

<u>Keep moving!</u> Keep your body moving through walking or exercise groups.

<u>Get your eyes & feet checked!</u> Balance is impacted by both of these factors. Make sure to set yourself up for success with a check up! <u>Get some assistance!</u> Utilize assistive devices such as handrails, raised toilet seats, grab bars, etc.

What puts you more at risk for falls?

-Previous Falls -Difficulties with Balance or Walking -Diabetes

-Taking More Than Four Medications

-Vision Deficits -Depression



-Low Blood Pressures with

Changes in Position -Muscle Weakness

-Female

-Pain

-Arthritis

-Incontinence

-Difficulty Performing Self-Care Tasks -Age 80+

-Difficulty with Memory & Thinking Skills

# HAPPY HALLOWEEN



#### Pumpkin Fun Facts

Jack-O-Lanterns originated in Ireland and used to be carved out of beets, turnips, and potatoes.

Illinois produces up to five times more pumpkins than any other state!

The fastest pumpkin carving ever only took 16.47 seconds in October 2013. The jack-o'lantern had to contain a complete face, including eyes, nose, mouth and ears.

If you would like to volunteer for trick or treating, please reach out to Alyssa - adoughty@co.dunn.wi.us. We are also in search of candy donations! Donations can be dropped off at the front desk.





JOIN US FOR TRICK OR TREATING ON OCTOBER 31ST FROM 5:00- 6:30 PM.

STOP IN TO THE FRONT OF THE NEIGHBORS CENTRAL (YELLOW) BUILDING TO GET A TRICK OR TREAT MAP!

#### <u>ARMY</u>

STANISI AW BASZURO JIM DRURY **KRISA GRUBER (STAFF)** DOUGLAS GUNDLACH JEFF HOEFER (STAFF) **DAVID KOEHLER** SARA LISOWSKI (STAFF) **RICHARD LYNCH** WAYNE MILLER DOUG RASMUSSEN **DICK TISCHMAN** SANDRA TSCHUMPERLIN (STAFF) JIM WADELICH **HERB WHITE BOB WIK** NORMAN WILLERT BOB WYSS (STAFF) DONALD YAUCH

#### <u>MARINES</u>

CECIL FERRY ART SORENSON

#### <u>AIR FORCE</u>

AL HOM HENRY SCHLATTMAN LARRY WAGNER JOHN ZINDLER NATIONAL GUARD

> MERLIN HOLDEN PAUL KELLY KEN SOL

#### <u>NAVY</u>

DENNIS BEETY GARY FAULKNER GERALD POLLACK



"Our debt to the heroic men and valiant women in the service of our country can never be repaid. They have earned our undying gratitude." -Harry S. Truman



FRIDAY, NOVEMBER 10TH, 2023

### AT 2:30 PM

WITH THE DUNN COUNTY VETERANS OFFICE & THE MENOMONIE COLOR GUARD IN THE RED CEDAR BISTRO (CENTRAL BUILDING) THE CEREMONY WILL ALSO LIVE STREAM ON FACEBOOK



Please return the bottom of this form to the front desk of The Neighbors, in the mail, OR fill out the online form.

SCAN ME

Happy Thanksgiving from The Neighbors to you! We are excited to share that if you would like to eat a Thanksgiving lunch with your loved one this year, you are more than welcome to sign up for one here at The Neighbors! <u>MEALS MUST BE</u> ORDERED BY NOVEMBER 10TH.

### ON THE MENU

Roast Turkey Mashed Potatoes & Gravy Green Bean Casserole Cranberry Sauce Fresh Dinner Rolls Pumpkin Pie

Please drop off at The Neighbors Central front desk or mail to 2901 Forbes Ave, Menomonie, WI 54751.

You may pay at the front desk, through the mail, venmo (@DunnCounty) or on our website. Payment is due <u>before</u> November 22nd. After paying, you will receive a meal ticket to give to the household nurse. Each meal is \$10.00.

YOUR NAME:
EMAIL:
PHONE NUMBER:
RESIDENT NAME:
HOW MANY MEALS WOULD YOU LIKE TO ORDER?

## Looking Forward to the Holidays!

Would you like to be a Secret Santa?! Our Life Enhancement team will pair you with a resident for the holidays. With your help, we will get a present for each resident here at The Neighbors! If you are interested, please email Alyssa adoughty@co.dunn.wi.us or fill out the form using the QR code above.

Inglenook: December 12th Deerview/Fireside: December 13th \*\*Held in the Red Cedar Bistro\*\* Eastbrook: December 14th Even Tide: December 15th Morning Song: December 18th Tender Hearth: December 19th Red Cedar: December 20th

PLEASE KEEP AN EYE ON OUR FACEBOOK FOR UPDATES! All events are subject to change due to covid outbreaks.

## Hoysehold Christmas Parties



## CHRISTMAS HOLIDAY MEAL

Happy holidays from The Neighbors to you! We are excited to say that if you would like to eat a holiday lunch or supper with your loved one this year, you are more than welcome to sign up for one here at The Neighbors! Meals will be served on December 24th at supper (5:00 pm) and on December 25th at lunch (12:00 pm). <u>MEALS MUST BE ORDERED</u> <u>BY DECEMBER 15TH.</u>

Please return the bottom of this form to the front desk of The Neighbors, in the mail OR fill out the online form.



Please drop off at The Neighbors Central front desk or mail to 2901 Forbes Ave, Menomonie, WI 54751.

You may pay at the front desk, through the mail, venmo (@DunnCounty) or on our website. Payment is due <u>before</u> December 21st. After paying, you will receive a meal ticket to give to the household nurse. Each meal is \$10.00.

YOUR NAME:
EMAIL:
PHONE NUMBER:
RESIDENT NAME:
WHAT DAY WILL YOU BE EATING? (CIRCLE ONE): 24TH OR 25TH
HOW MANY MEALS WOULD YOU LIKE TO ORDER?