



JUNE &
JULY 2023

News from The Neighbors



**Take a look at what is happening around
The Neighbors of Dunn County!!**

Written by Alyssa Doughty
Life Enhancement Mentor and Volunteer
Coordinator

TNDC SALAD LUNCH FUNDRAISER



ORDERS DUE
JUNE 28TH
PICK UP
JULY 12TH



Each order is \$10. We will be taking payment at the time of pick up and are accepting cash, check or card. Card payments are a new addition to payment options. There will be a \$1 charge to the users for purchases up to \$25. Anything over \$25 will incur a \$3.95 charge. Checks can be written to "The Neighbors - Central" with "Salad Sale" written in the memo line. Got a sweet tooth?

We will also have baked goods available for purchase! All proceeds will be put towards a new bus. We appreciate your support!! Please direct any questions to Alyssa Doughty - adoughty@co.dunn.wi.us.

Orders come with a dinner roll. They will be available for pickup at the front entrance of the Central (yellow) building at The Neighbors of Dunn County from 10:30 am - 1:00 pm.

SALADS INCLUDE:

- MIXED GREENS**
- CHICKEN**
- STRAWBERRIES**
- FETA CHEESE**
- WALNUTS**
- BALSAMIC VINEAIGRETTE**



TNDC FORE FUN GOLF TOURNAMENT

Join us at Menomonie
Golf & Country Club!

August 19th, 2023

Check-In Start: 9:00 am

Shotgun Start: 10:00 am

We will play a four person scramble format. Registration is \$50/person with a cart and lunch included. Lunch will consist of brats, chips, baked beans, & desserts. Payment can be in the form of cash or checks and will be collected at check-in. Checks can be written to "The Neighbors - Central" with "Golf Tournament" written in the memo line. All proceeds will be put towards a new bus.

**Scan the QR code
to sign up your
team! You can
also sign up by
emailing Alyssa.**



adoughty@co.dunn.wi.us

Warm Weather Policy & Reminders

HEAT & SUN REMINDERS

1

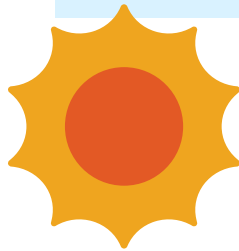
USE SUNSCREEN WHEN OUTSIDE, EVEN IF YOU ARE NOT IN DIRECT SUN.

2

FIND SHADE/WEAR PROTECTIVE CLOTHING (SLEEVES, HATS, ETC.) TO STAY COOL AND HELP PROTECT YOUR SKIN!

3

STAY HYDRATED! DRINKING FLUIDS HELPS PREVENT HEAT RELATED ILLNESS.



Outings & Warm Weather: TNDC weather policy states that we are unable to go on outings when the real feel is over 90F. Our Life Enhancement team will watch weather closely on outing days and update residents as soon as possible with any changes.

Outdoor Spaces Available at TNDC

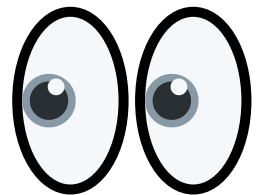
1. Screened-In Porches
2. Courtyards



Severe Weather Policy & Reminders

Severe Weather Watches: Staff will go through the households, community rooms, chapels, beauty shops, etc. and close draperies or pull down shades.

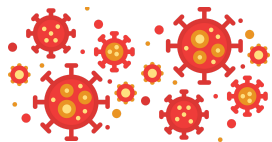
They will also prepare for moving residents out of their rooms should a warning be eminent. Residents have the right to refuse leaving their rooms, but staff will strongly encourage them to follow TNDC protocol.



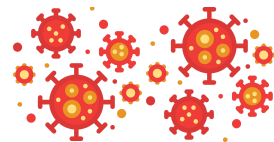
Severe Weather Warnings: It is up to the family and resident's discretion to decide about leaving the building. The Neighbors strongly encourages residents to stay in the building and not go on outings during an active weather warning. If there is a weather warning, staff will ask residents to sit in the corners of the hallways in each household. These points are the most sturdy point of the building if severe weather were to hit.

OUR GOAL IS TO KEEP EVERYONE AS SAFE AS POSSIBLE WHEN THERE IS SEVERE WEATHER WATCHES AND WARNINGS.

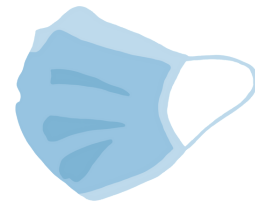




COVID-19 Updates



MASKS: At this time, staff and visitors are not required to wear masks. If a household/neighborhood has an outbreak, masks and other precautions will be required until the outbreak is over. Masks may also be required at the discretion of the Dunn County Public Health Department. If masks are required, signage and communication will come out to staff and visitors.



INDOOR OUTINGS: Our Life Enhancement Department is now able to take residents on outings to indoor establishments. For residents to go on these outings, a signed indoor outing waiver is required. Waivers have been mailed to POA/guardians. Life Enhancement staff will visit those that do not have a POA/guardian to talk about the waivers.

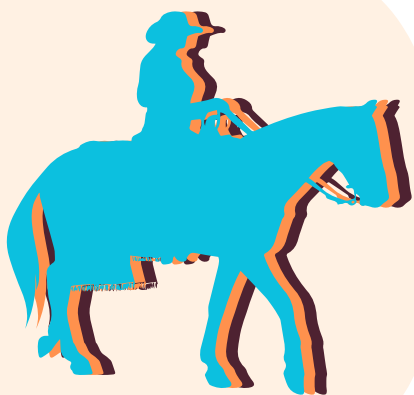
Please contact Alyssa Doughty - adoughty@co.dunn.wi.us - with any questions.

Meet our new Clinical Mentor!

WHAT IS YOUR FAVORITE PART ABOUT YOUR JOB SO FAR?

AS BEING A DON AT PREVIOUS FACILITIES, IT HAS BEEN A BREATH OF FRESH AIR COMING INTO A FACILITY/CAMPUS THAT IS SO WELCOMING AND WILLING TO HELP WITH THE TRANSITION INTO THIS ROLE.

Sara Lisowski



WHAT IS YOUR FAVORITE THING TO DO IN YOUR FREE TIME?

IN MY FREE TIME, YOU'LL FIND ME IN AN ARENA WORKING WITH HORSES IN SOME DIMENSION- MY CHILDREN AND I ARE VERY ACTIVE IN TRAIL RIDING, BARREL RACING, AND OTHER TYPES OF SPEED EVENTS AS WELL AS WORKING WITH THE DUNN COUNTY HORSE PROJECT GIVING LESSONS TO THE EXHIBITORS ACROSS THE COUNTY.



ANY OTHER RANDOM FACTS THAT YOU WOULD LIKE PEOPLE TO KNOW?

I LIVE ON A SMALL FARM WHERE WE HAVE HORSES AND CATTLE BUT GREW UP HELPING ON MY FAMILY'S DAIRY FARM. I HAVE BEEN A NURSE FOR MANY YEARS AND ACTIVE IN HEALTHCARE SINCE HIGH SCHOOL, PRIOR TO TAKING MY NEW POSITION WITH THE NEIGHBORS OF DUNN COUNTY, I WORKED AS DON AT OTHER FACILITIES AS WELL AS A FLOOR NURSE. I'M EXCITED TO TAKE ON THIS NEW ROLE.



Adopt a Garden

ADOPTING HOUSEHOLD GARDENS

We are in search of individuals or groups to adopt the gardens in front of our households for the spring/summer! Our residents love looking out the dining room windows and enjoying the plants and flowers, so we would love to keep them looking nice for them throughout the summer! If you or a group that you are part of would be interested in adopting one (or more) of our gardens, please contact Alyssa - adoughty@co.dunn.wi.us - for more details.



HAPPY FATHER'S DAY

Send your loved one your favorite memory for Father's Day! Fill out the form using the QR code or emailing Alyssa - adoughty@co.dunn.wi.us. Upload a picture of you and your dad or father figure. Our Life Enhancement Team will have them printed and put into 5x7 frames to deliver Friday, June 16th. Each order is \$5.00 and will come with a personalized card.



June 18th



"When you need real understanding, when you need someone to care, when you need someone to guide you ... A father's always there." —Thomas J. Langley

Happy National CNA Day!



Fun Fact: Nurse aide jobs were established during WWI, when the American Red Cross launched a program called the Volunteer Nurses' Aide Service.

This program trained young women to assist nurses who were being bombarded with injured soldiers and desperately needed assistance.

**JUNE
15TH**

To all of our CNA's, thank you for the hard work you put in each day to ensure our residents get quality care. It takes a special person to care for others every day and you all do it with ease. We appreciate you and all of your dedication especially over these tough past four years.

WORDS FROM OUR RESIDENTS

"Thank you for
smiling & helping us
every day without
complaint!"

"Thank you for
being here to help
us no matter what!"

"Thank you
for being
kind to us."

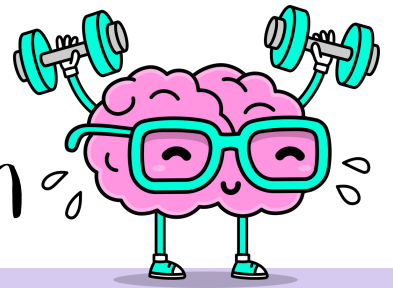


***"To know even
one life has
breathed easier
because you have
lived, this is to
have succeeded."***

**– Ralph
Waldo
Emerson**

THANK YOU

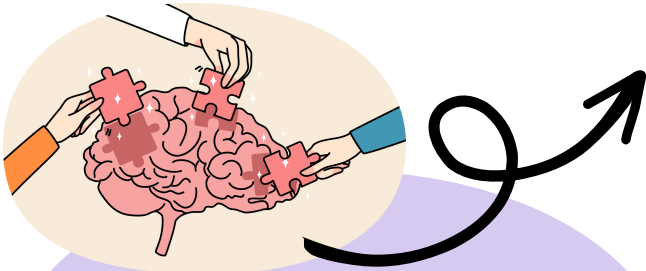
June is Alzheimer's & Brain Awareness Month



GIVE YOUR BRAIN A
WORKOUT AND TRY THESE
BRAIN TEASERS!

ANSWERS ARE FOUND ON
THE NEXT PAGE.

1. The more of these you take,
the more you leave behind.
What are they?
2. A cowboy rode into town on
Friday. He stayed for three
nights and rode out on
Friday. How is this possible?



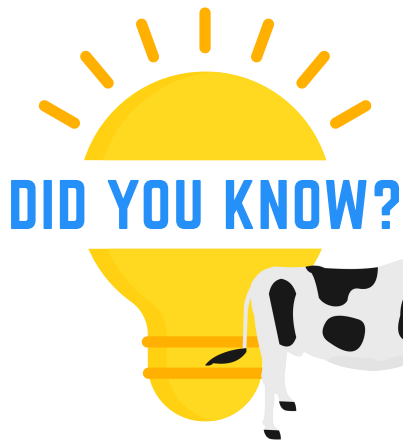
FUN FACT:

All of these activities are
available through the Life
Enhancement department!
If you need supplies or have
any questions about joining
activities, please contact the
Life Enhancement staff in
your building.

FIVE BRAIN EXERCISES TO TRY AT
HOME ACCORDING TO FORBES HEALTH

1. Do a crossword puzzle. These
can be small, 3-4 letter word
puzzles or larger ones. Any of
them will challenge your brain!
2. Play an online brain game.
These are often available on
iPads or other smart devices.
3. Start a jigsaw puzzle. Puzzles
work the "visual-spatial working
memory" skills.
4. Build a model or start a
knitting or crocheting project.
These projects work on your
memory and your fine motor
skills!
5. Join a card game. These
activities use memory as well as
strategy. Other options similar
to cards include checkers,
mahjong, BINGO, etc.

June is Dairy Month



DID YOU KNOW?

The average dairy cow produces around 6.3 gallons of milk per day.

This comes out to around 350,000 glasses of milk over their lifetime.



BRAIN TEASER
ANSWERS:

1. FOOTSTEPS/
FOOTPRINTS
2. THE HORSE'S
NAME IS FRIDAY!



It takes 20 pints of milk to make a pound of butter.



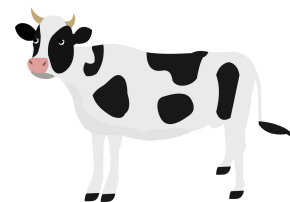
Wisconsin is home to the only master cheesemaker program in the entire United States! It takes 13 years to complete.



Around 90% of Americans have ice cream in their freezers at this very moment. The most favorite flavor, on average, worldwide is vanilla, followed by chocolate. What is your favorite flavor?



Thank you to all the farmers for their endless hard work!



ON THE MENU

GLAZED BBQ RIBS
HOMEMADE POTATO SALAD
THREE BEAN BAKED BEANS
WATERMELON
RASPBERRY PIE WITH ICE CREAM



HAPPY
Fourth
OF
July

From everyone at The Neighbors,
we hope you have a safe and fun
Fourth of July weekend!