



APRIL &  
MAY 2023

# News from The Neighbors



**Take a look at what is happening around  
The Neighbors of Dunn County!!**

Written by Alyssa Doughty  
Life Enhancement Mentor and Volunteer  
Coordinator

# TNDC SALAD LUNCH FUNDRAISER



**ORDERS DUE - APRIL 4TH**  
**ORDER PICK UP - APRIL 19TH**

**\$10**

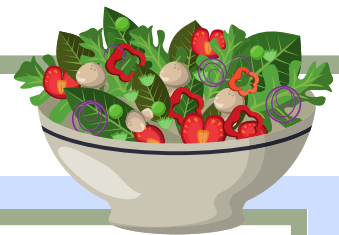
## Toppings



**Chicken**  
**Cranberries**  
**Blue Cheese**  
**Candied Walnuts**

**Poppyseed Dressing (on the side)**

**\*\*\*Any topping can be taken off\*\*\***

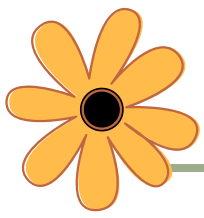


Orders will be available for pickup at the front entrance of the central (yellow) building at The Neighbors of Dunn County from 10:30 am - 1:00 pm.

We will be taking payment at the time of pick up and are accepting cash or check. Checks can be written to "The Neighbors - Central" with "Salad Sale" written in the memo line. Got a sweet tooth? We will also have baked goods available for purchase! All proceeds will be put towards a new bus. We

appreciate your support!! Please direct any questions to

Alyssa Doughty - [adoughty@co.dunn.wi.us](mailto:adoughty@co.dunn.wi.us).



# Visiting Spaces at TNDC

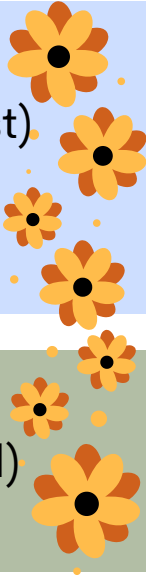
Any of these spaces can be used/reserved by residents and their visitors. Once in these spaces, masks may be removed for visiting. Per CMS guidelines, if you go back out into a common area, please put your mask back on. If guidelines are updated, we will send out additional updates.

## Indoor Spaces

Community Rooms (East, Central, West)  
Chapels (East, Central, West)  
Training Room (Central)

## Outdoor Spaces

Screened in Porches (Each Household)  
Courtyards (Three Per Building)



## Spring Clean-Up & Adopt a Garden

We are in search of individuals or groups to help with spring cleanup around The Neighbors campus! Examples include picking up garbage, cleaning out gardens in front of households and helping get the courtyards ready for use. If you or a group you are part of need volunteer hours, please contact Alyssa - [adoughty@co.dunn.wi.us](mailto:adoughty@co.dunn.wi.us) for additional details and scheduling.

*SPRING  
CLEAN UP  
AROUND  
CAMPUS*

## *ADOPTING HOUSEHOLD GARDENS*

We also are in search of individuals or groups to adopt the gardens in front of our households for the spring/summer! Our residents love looking out the dining room windows and enjoying the plants and flowers, so we would love to keep them looking nice for them throughout the spring & summer! If you or a group that you are part of would be interested in adopting one (or more) of our gardens, please contact Alyssa - [adoughty@co.dunn.wi.us](mailto:adoughty@co.dunn.wi.us) - for more details.





# REMINISCING WITH JO: SPRING IN WISCONSIN



"I don't know about you, but I am experiencing some major spring fever right about now. This winter has been brutal with all the snow then melting to ice. We are coming off the last couple years of Covid feeling like we are able to socialize and get out and enjoy things again. It is feeling like the weather is trying to squelch that opportunity. But that is winter, and we live in Wisconsin. The most beautiful part of living in Wisconsin, in my opinion, is the four seasons that we get to enjoy.

*Of those four seasons, spring is my absolute favorite.*

Spring starts with cold nights when the temperatures drop just enough to freeze the standing water that accumulated from the melting. It freezes the puddles to a crisp thin layer of ice that sits slightly above the street and as you step down it crackles and crunches with a sharp noise. That ice makes you listen to the silence that was there before and returns again, but this time you revel in it and look for the next icy fjord to occur. Eventually the ice will disappear completely and we will have tiny patches of snow giving way to the dormant brown grass beginning its renewal to green.



The tulips, daffodils, and crocuses will be starting to sprout through the thawing ground. I don't think that there are any better colors than those of the spring renewal. Soon, the city trucks will be sweeping clean the streets, the kids will start planning their summer vacations, and we will all be enjoying rejuvenation and newness that comes with the spring. Some of us will celebrate Easter and the reminder of Jesus's promise of renewed life for us. We will start to see our neighbors working in their yards and planting their gardens. And we will feel the warmth that we have been waiting all winter for. Our rest is completed and our reward is on its way."

*-Jo Hayes*





# April is Occupational Therapy Month!

*"Occupational therapy?  
I'm here for my hip, not  
to get a job."*

Oh boy, if we had a  
quarter for every time  
we heard that!



While Occupational therapy can assist with the skills needed to find a job, that is not the only thing we are limited to. Occupational therapy has a broad scope of skills; covering anything from mental health to pediatrics. Here at The Neighbors of Dunn County our services are a little more specific.

## WHAT DOES OUR OT STAFF DO WHEN WORKING WITH RESIDENTS?

In a skilled nursing facility, typically, the focus is helping people return to their prior skill level with the end goal of returning home. This means after someone has an illness, injury, surgery, etc. we practice doing everyday tasks. This includes getting dressed, using the bathroom, cleaning tasks, cooking tasks, medication management, and even eating. If a person is unable to do any of these tasks the way they usually would our job is to find ways to adapt that activity to ensure they are able to be independent again. We are able to work with residents to determine the amount of assistance they need from nursing. We develop an appropriate exercise program and make recommendations to nursing staff after therapy ends. This way they are able to follow through with our recommendations and prevent further decline in the skills they developed from working with therapy.

## Meet Our Team



Lynnae



Kati



Sam

***"There are so many things we enjoy about Occupational Therapy. Some include getting to know our residents, being able to provide a listening ear, and being an advocate for those that can't advocate for themselves. The joy of seeing people progress, reach their goals, and return home is another thing that keeps us motivated and to do our best as therapist."***

# Happy Health Information Professionals Week!

April 18-24th

## Historical Fun Fact

In 1596, astrologers Simon Forman and Richard Napier document the first complete collection of patients' medical questions and diagnoses.



## WHAT KINDS OF THINGS DOES OUR HEALTH INFORMATION STAFF DO?

The roles of HI professionals vary, but some responsibilities include analyzing data to help facilitate decisions and actions; implementing innovative data-driven solutions to improve patient health; collaborating with other departments in the healthcare system to reduce expenses through strategic data analysis; and designing and implementing tools to measure data, patient care effectiveness, and optimize processes.

Thank you for all that you do, Sue!



Meet Our Team: Sue

Thank you

**Fun Fact: There are estimated to be more than 4 million administrative professionals in the United States!**



# Happy Administrative Professionals Week!

April 23-29th

Chris, Jo, & Jacque play a huge part in keeping our team running smoothly whether it be answering questions, finding a solution to a problem, or creating a welcoming atmosphere for new staff and visitors! We appreciate your hard work, patience, and organization!

Meet Our Team



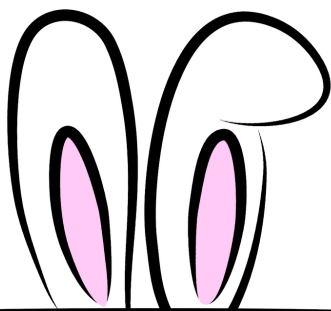
Chris  
HR Associate



Jo  
Receptionist



Jacque  
Staff Coordinator



**We hope that you have a joyous and safe Easter season!**



# Happy Easter!



## ON THE MENU

Baked Glazed Ham  
Au Gratin Potatoes  
Green Bean Casserole  
Pistachio Fluff Salad  
Fresh Baked Dinner Roll  
Cheesecake & Raspberry Topping

If you would like to celebrate here at The Neighbors, you are more than welcome to bring food in to eat with your loved one.

At this time, family may not eat in the common areas due to masking guidelines.

Available rooms include the community rooms, chapels, or training room (in Central). In these spaces, you are welcome to take masks off. Please make sure to reserve a room by putting your name and time down on the calendar outside of the community rooms or chapels. If you need help, please contact the Life Enhancement staff in your building.

# Happy Earth Day!

## HOW CAN I CELEBRATE?

Reduce your food waste by planning your meals in advance so you only buy what you need, check your fridge, freezer and pantry before shopping to see what you have, & include quantities on your list to avoid overbuying.



Reduce your water usage by doing things like... fixing a leaky pipe/faucet, purchasing water efficient fixtures, & shortening your shower.

Grow plants that attract birds, butterflies, and bees. These include native trees & plants - especially ones with berries, fruits, & flowers!



**Fun Fact:** The campaign for Earth Day was led by Gaylord Nelson, a senator from Wisconsin, and John McConnell, an activist from California!





May 6th - May 12th

Fun Fact: Nurses Week  
ends on Florence  
Nightingale's birthday!



# Happy National Nurses Week!

Nursing as a profession has been supported and promoted by the American Nurses Association (ANA) since 1896! The Neighbors is proud to be a clinical site for both nursing and CNA students to help the next generation of nurses learn.

Our nursing staff work hard each day to provide quality care for each of the residents living here at The Neighbors. They work endlessly to ensure residents are happy and healthy. Thank you all for your dedication to serving in the healthcare field, especially in the trying times of the past four years.

We appreciate you!

## WORDS FROM OUR RESIDENTS

*"Thank you for  
being the nicest,  
kindest people!"*

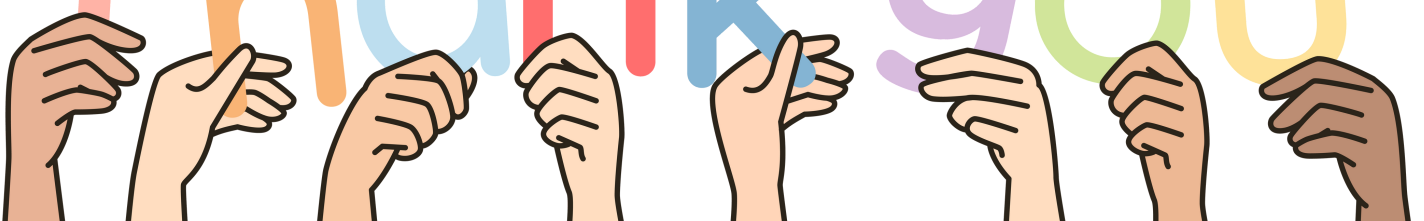
*"Thank you for  
putting up with us  
& for your help!"*

*"Thank you  
for your  
patience!"*

**"I am of certain  
convinced that the  
greatest heroes are  
those who do their  
duty in the daily grind  
of domestic affairs  
whilst the world  
whirls as a maddening  
dreidel."**

**-Florence  
Nightingale**

# Thank you



# Happy Nursing Home Week! May 14-20th

The theme "Cultivating Kindness" is inspired by the many acts of kindness that happen in skilled nursing care centers every day. Research has found that practicing compassion and kindness not only can improve health and well-being but can also strengthen human connections and bonds. - AHCA

*TOO OFTEN WE UNDERESTIMATE  
THE POWER OF A TOUCH, A SMILE, A  
KIND WORD, A LISTENING EAR, AN  
HONEST COMPLIMENT, OR THE  
SMALLEST ACT OF CARING, ALL OF  
WHICH HAVE THE POTENTIAL TO  
TURN A LIFE AROUND.*

*-LEO BUSCAGLIA*



## DRESS UP DAYS

We would love for staff, visitors, and residents to dress up with us!

### MONDAY

In the Spirit of Kindness. Wear the color of the building that you work/live in!

### TUESDAY

Growing Kindness. Wear floral/plant prints today!

### WEDNESDAY

Dress like a gardener & don't forget to cultivate kindness today!

### THURSDAY

Crazy for Kindness. Wear crazy socks, hats, scarves, etc. or crazy hair today!

### FRIDAY

Peace, love, & kindness. Wear tie dye today!

## FAMILY BINGO NIGHT

Thursday, May 18th, 2023

6:00 pm

Outside the Central Building

### Residents

Free

### Public Attendees

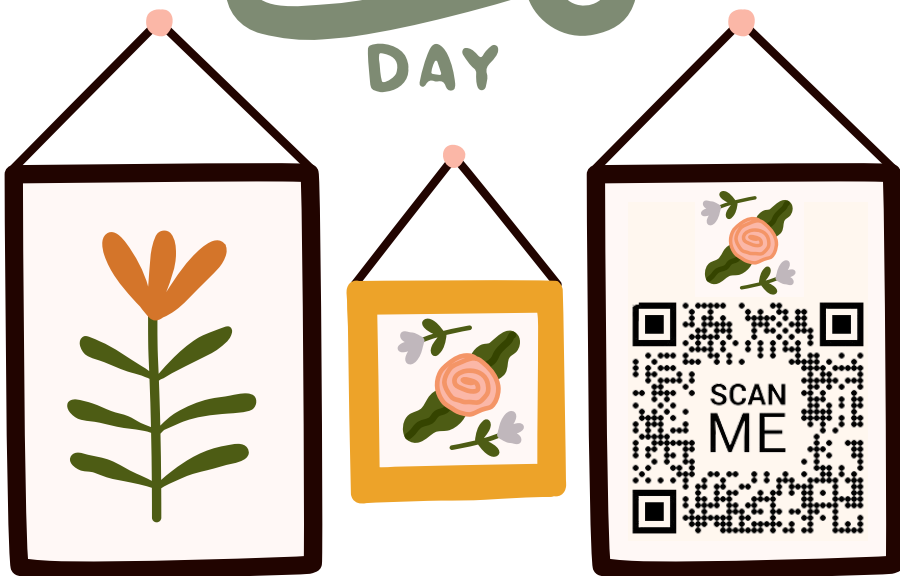
\$2 per round or  
\$8 for 5 rounds

\*\*\*This is an outdoor event, so please dress accordingly.\*\*\*

All proceeds go towards the new bus! Rain location will be at the Dunn County Government Center



# HAPPY Mother's DAY



Send your loved one your favorite memory for Mother's Day! Fill out the form using the QR code or emailing Alyssa - [adoughty@co.dunn.wi.us](mailto:adoughty@co.dunn.wi.us). Upload a picture of you and your mom or mother figure. Our Life Enhancement Team will have them printed and put into 5x7 frames to deliver Friday, May 12th. Each order is \$5.00 and will come with one mylar balloon and a personalized card.

**"A mother's happiness is like a beacon, lighting up the future but reflected also on the past in the guise of fond memories."**

—Honore de Balzac

## May is Get Caught Reading Month

Join us for a book sale in the Central Building Main Lobby!

**\$ .50 per item. Additional donations welcome.**

All proceeds go towards a new bus!

The book sale will run the first two weeks of May.

Please follow current masking protocols when at the book sale.

Thanks to generous folks in our community, we have a wide variety and large selection of books.

We are not accepting additional book donations at this time. If you have questions, please contact Alyssa Doughty - [adoughty@co.dunn.wi.us](mailto:adoughty@co.dunn.wi.us)