

# January 2023 STRUCTURED ACTIVITY CALENDAR for The Neighbors - EAST

\*All programs, including locations and times, are approximate and subject to change

\*Household staff facilitate activities throughout the days, evenings, and weekends

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> <p>Day After New Year's</p> 	<p><b>3</b></p>  <p>10:00 Bunco (Tenderhearth) 3:30 Humor Time (Tenderhearth)</p>	<p><b>4</b></p> <p>9:30 Morning Mad Libs (Tenderhearth) 10:30 Sing Along (Tenderhearth) 1:00 Bible Story Discussion Group (Community Room) 2:00 Balloon Volleyball (Eastbrook) 4:00 Worship Service (Ch. 43)</p> 	<p><b>5</b></p> <p>10:00 Bingo (Community Room) 11:15 Sing Along (Eastbrook) 2:00 Catholic Mass (Ch. 41) 2:45 Yahtzee (Comm. Room)</p>	<p><b>6</b></p> <p>9:30 Hymn Appreciation (Chapel - Channel 43) 10:45 Balloon Volleyball (Eastbrook) <b>2:00 Paint &amp; Sip (Community Room)</b></p> 
<p><b>9</b></p> <p>9:30 Music Therapy (Community Room) 11:00 Music Therapy (Eastbrook) <b>2:00 Art Gallery (Community Room)</b> 3:00 Name That Tune (Community Room)</p>	<p><b>10</b></p> <p>9:15 1:1 Music Visits (Eastbrook) 10:00 Bunco (Tenderhearth) <b>2:00 Ladies Tea (Morning Song)</b> 3:30 Humor Time (Tenderhearth)</p>	<p><b>11</b></p> <p>9:30 Morning Mad Libs (Tenderhearth) 10:30 Sing Along (Tenderhearth) 1:00 Bible Story Discussion Group (Community Room) 2:00 Balloon Volleyball (Eastbrook) 4:00 Worship Service (Ch. 43)</p> 	<p><b>12</b></p> <p>10:00 Pokeno (Community Room) 11:15 Sing Along (Eastbrook) 2:00 Catholic Mass (Ch. 41) 2:45 Yahtzee (Comm. Room)</p>	<p><b>13</b></p> <p><b>7:30 Men's Breakfast (Community Room)</b> 10:00 Hymn Appreciation (Chapel - Channel 43) <b>2:00 Happy Hour Music by New Beginnings (Ch. 42)</b></p> 
<p><b>16</b></p> 	<p><b>17</b></p> <p>9:15 1:1 Music Visits (Eastbrook) 10:00 Bunco (Tenderhearth) 3:00 Word Games (Tenderhearth)</p>	<p><b>18</b></p> <p>9:30 Morning Mad Libs (Tenderhearth) 10:30 Sing Along (Tenderhearth) 1:00 Bible Story Discussion Group (Community Room) 2:00 Balloon Volleyball (Eastbrook) 4:00 Worship Service (Ch. 43)</p> 	<p><b>19</b></p> <p>10:00 Bingo (Community Room) 11:15 Sing Along (Eastbrook) <b>1:30 Big Screen Movie Outing</b></p>	<p><b>20</b></p> <p>9:30 Hymn Appreciation (Chapel - Channel 43) 10:45 Balloon Volleyball (Eastbrook) <b>2:00 Virtual Field Trip (Community Room)</b></p>
<p><b>23</b></p> <p>9:30 Music Therapy (Community Room) 11:00 Music Therapy (Eastbrook) 2:00 Baking (Morning Song)</p>	<p><b>24</b></p> <p>9:15 1:1 Music Visits (Eastbrook) 10:00 Bunco (Tenderhearth) <b>3:30 ELCA Lutheran Communion &amp; Worship Service (Channel 42)</b></p>	<p><b>25</b></p> <p>9:30 Morning Mad Libs (Tenderhearth) 10:30 Sing Along (Tenderhearth) 1:00 Bible Story Discussion Group (Community Room) 2:00 Balloon Volleyball (Eastbrook) 4:00 Hymn Sing (Ch. 43)</p> 	<p><b>26</b></p> <p>10:00 Pokeno (Community Room) 11:15 Sing Along (Eastbrook) 2:00 Catholic Mass (Ch. 41) 2:45 Yahtzee (Comm. Room)</p>	<p><b>27</b></p> <p>9:30 Hymn Appreciation (Chapel - Channel 43) 10:45 Balloon Volleyball (Eastbrook) <b>2:00 Happy Hour Music by John Lynch (Ch. 42)</b></p> 
<p><b>30</b></p> <p>9:30 Music Therapy (Community Room) 11:00 Music Therapy (Eastbrook) 3:00 Musical Bean Bag Toss (Community Room)</p>	<p><b>31</b></p> <p>9:15 1:1 Music Visits (Eastbrook) 10:00 Bunco (Tenderhearth) 3:00 Word Games (Tenderhearth)</p>	<p><b>January Birthdays</b></p> <p>4 - Judy F. 12 - Nancy S. 16 - John Z.</p> 	<p><b>January</b></p> 	