

Take a look at what is happening around The Neighbors of Dunn County!!

Written by Alyssa Doughty Life Enhancement Mentor and Volunteer Coordinator

THE NEIGHBORS OF DUNN COUNTY FORE FUN GOLF TOURNAMENT

DATE: AUGUST 27TH, 2022 LOCATION: MENOMONIE GOLF & COUNTRY CLUB REGISTRATION: 9:00 AM SHOTGUN START: 10:00 AM FORMAT: 4 PERSON SCRAMBLE PRICE: \$45/PERSON - CART & LUNCH INCLUDED



TO SIGN UP, USE THE QR CODE, CHECK OUT OUR FACEBOOK & WEBSITE FOR THE LINK, OR CONTACT ALYSSA DOUGHTY -ADOUGHTY@CO.DUNN.WI.US OR 715-231-4589. SIGN UP WILL CLOSE AUGUST 15TH, 2022 TO ENSURE WE CAN GET ENOUGH CARTS!

ALL PROCEEDS WILL GO TOWARDS A NEW WHEELCHAIR ACCESSIBLE BUS FOR OUR RESIDENTS!



IN ADDITION TO GOLF, WE WILL BE HAVING A BASKET RAFFLE TO RAISE MONEY FOR THE NEW BUS. IF YOU WOULD LIKE TO DONATE TO OUR BASKET RAFFLE, PLEASE CONTACT ALYSSA DOUGHTY - ADOUGHTY@CO.DUNN.WI.US. DONATIONS CAN INCLUDE SINGLE ITEMS THAT WILL BE ADDED TO BASKETS OR FULL GIFT BASKETS. WE ASK THAT DONATIONS ARE HERE BY AUGUST 17TH. BASKET RAFFLE TICKETS WILL BE AVAILABLE FOR PURCHASE BEFORE THE TOURNAMENT - AUGUST 24-26TH FROM 3:30 - 5:30 PM AND AT THE TOURNAMENT. DRAWING WILL HAPPEN AFTER LUNCH AT THE TOURNAMENT. DO NOT NEED TO BE PRESENT TO WIN. TICKET PRICES ARE INCLUDED BELOW.

RAFFLE TICKET PRICES

SPECIAL TICKETS FOR A SIGNED FOOTBALL FROM THE 2021 GREEN BAY PACKERS

S5/Each

1 TICKET - \$1.00 6 TICKETS - \$5.00 12 TICKETS - \$10.00 ARMS' LENGTH (WINGSPAN) - \$20.00

PAYMENT ACCEPTED IN THE FORM OF CASH OR CHECK. CHECKS WRITTEN TO "THE NEIGHBORS - CENTRAL" WITH "BASKET RAFFLE" WRITTEN IN THE MEMO LINE.

UPDATES FROM THE BEAUTY SHOP

We would like to update you that the Hair Stylist that provides services at The Neighbors has given The Neighbors notice that her prices will be increasing on August 1st, 2022. Her prices have remained the same for many years, but with costs increasing this was not sustainable for her any longer. The new prices are in the chart below.

 PERMANENT "PERM" -----> \$60

 COLOR (WITH CUT AND STYLE) -----> \$60

 HAIRCUT -----> \$17

 WASH & SET/STYLE ----> \$17

 WASH ONLY -----> \$6

IN SEARCH OF A NEW BEAUTICIAN!

In addition to the price increase, our current hairstylist has reduced her number of hours/days she is providing services at The Neighbors. The Neighbors is currently looking for an individual that would be able to fill this need. If you know anyone who is a beautician that would be interested in helping our residents look and feel their best please have them contact Carmen Meyer at 715-231-4564.

VOLUNTEERING AT THE NEIGHBORS

What do you need to start as a volunteer?

Volunteers must meet the following requirements: Must be 14 years of age or older. Must be vaccinated. Must wear a mask while volunteering.

August Volunteer Opportunities



<u>August 10th</u> Central Building at the Farmers Market <u>August 17th</u> East Building at the Farmers Market <u>August 24th</u> West Building at the Farmers Market

Be on the lookout for future volunteer opportunities! If you would like to sign up to get an email about them, please contact Alyssa adoughty@co.dunn.wi.us. OR check out our Facebook page! Find us on Facebook



Love gardening & want to volunteer? We are still looking for individuals or groups to adopt three more gardens in front of Inglenook, Deerview, & Fireside!



Adopt a Garden at The **Neighbors!**

Alyssa Doughty adoughty@co.dunn.wi.us - for more information!



AUGUST IS HAPPINESS HAPPENS MONTH

Check out these daily strategies that may be useful in improving your overall happiness!

Why did the peaches buy deodorant?

To freshen up their pits!

Make sure to add humor and lightheartedness into your day. Tell a cheesy joke, smile at someone walking by, watch a funny video, find a way to laugh.

Today I am grateful for....

Plant gratitude. Stop and think about what you are grateful for each day.

Take measures to improve your physical and mental health - drink water, go on walks, check items off your to-do list, get outside, call a friend to check in, do art/create something, etc.

Happy National Senior Citizens' Day!



TO ALL OF OUR RESIDENTS, THANK YOU FOR BEING YOU!

"A man is not paid for having a head and hands, but for using them." - Elbert Hubbard

September 5th, 2022

We hope that everyone has a happy, fun, and safe Labor Day weekend!

Happy Healthcare Environmental Services Week! September 11-17



Our custodians help to keep campus clean and safe. They work in all three buildings daily to ensure all areas are ready for residents and staff to use. They help out in many different capacities including sanitizing rooms for incoming residents, keeping common areas clean, and making sure our facility is inviting to all. Thank you to our custodians for all that you do!



We couldn't provide quality care without each of you!

Our homemakers work to serve homelike meals, serve residents their favorite snacks, keep their homes clean, build meaningful relationships with residents, and are an important part of our households as a whole to keep things running smoothly. Thank you to our homemakers for all that you do!



Our maintenance team works tirelessly to ensure everything is in working order across campus whether it be light bulbs, lifts, call lights, or machinery and more. They help to ensure that the environment is safe and equipment functions properly. They also provide support in many of the events/activities across campus. Thank you to our maintenance team for all that you do!

September is Suicide Prevention Month

24/7 HELP LINES

NORTHWEST Connections 24/7 telephone crisis line: 1-888-552-6642 NEW SUICIDE & CRISIS HOTLINE NUMBER: 988

Want more information about your options? Call 715-232-1116 and talk to the Behavioral Health Services Access worker for more information related to mental health crisis and/or mental health law.



Durn County Mental Health Resources

FRIENDSHIP LINE (FOR SENIORS): 1-800-971-0016

DUNN COUNTY BEHAVIORAL HEALTH: 715-232-1116 For a full list of resources, scan this code with a camera on your device!



HAPPY FIRST DAY OF FALL!

September 22

This date changes every year. The first day of fall (or autumn) is the Autumnal Equinox! This equinox brings us equal parts night and day and ushers in the changing of the seasons!

Check out some past autumn activities that we will be looking forward to again this year!

