



The Neighbors
of Dunn County
Generations of caring since 1892



DECEMBER &
JANUARY 2021

**News
from The
Neighbors**



**Take a look at what is happening around
The Neighbors of Dunn County!!**

Written by Alyssa Doughty
Life Enhancement Mentor and Volunteer
Coordinator

COVID-19 REMINDERS



All visitors need to check in at the nurses' station when entering the building. Staff will ask about symptoms and take your temperature.

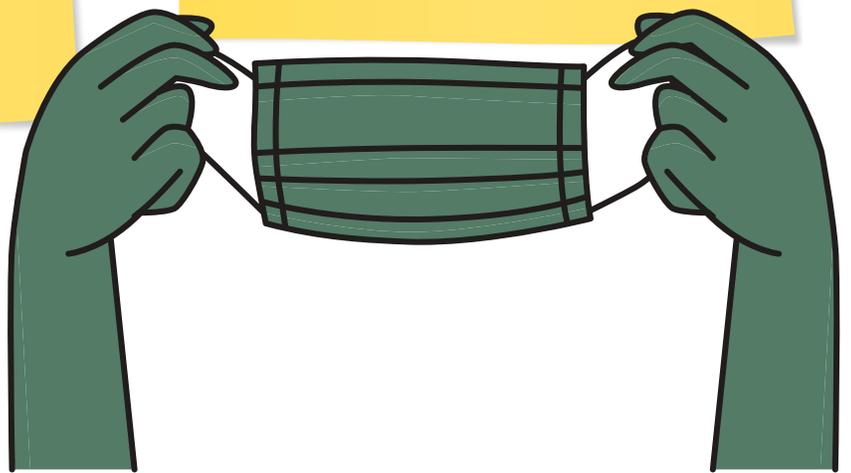
Masks must be worn at all times in the building. Families are not allowed to eat or drink with residents at this time.

Common Signs and Symptoms of COVID-19 include...

- Fever or Chills
- Loss of Taste and Smell
- Nausea/Vomiting
- Shortness of Breath or Difficulty Breathing
- Muscle/Body Aches
- Cough

If you are feeling sick, PLEASE stay home. It is not fun for our resident to go through COVID precautions.

COVID-19 updates for The Neighbors can be found by calling 715-231-4585.



FUNDRAISING UPDATE

We are so excited to share the results of our 5K and basket raffle fundraiser. We had 16 sponsors from the community and 73 individuals signed up for the 5K/half mile. In total, including the basket raffle, we raised over \$10,000 for our bus! Thank you so much to everyone that supported us through our first event, even when it turned virtual. We are so thankful to have such a supportive community! Alyssa will be sending an email to those that signed up when the t-shirts and race packets are ready. Unfortunately, the shirts have taken a little longer than expected. Thank you for bearing with us!!

Dunn to Perfection III Cookbooks For Sale

A perfect holiday gift for college students, friends, loved ones, or anyone who likes to try new recipes!

Cost: \$12

Would you like to purchase a book?

Please contact:

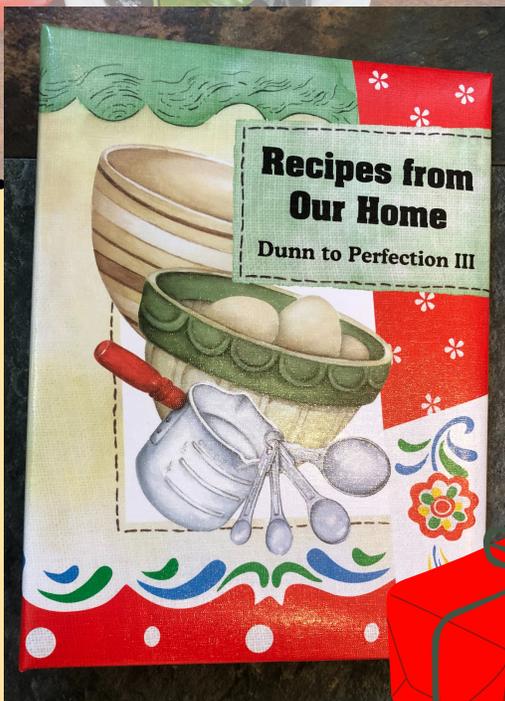
Brenda Ausman - bausman@co.dunn.wi.us

or 715-231-4608

Laura Briesemeister -

lbriesemeister@co.dunn.wi.us

or 715-231-4629



A Note from Social Services

Hello everyone!

My name is Laura Briesemeister and I have accepted the position as the Social Services Mentor at The Neighbors!

My career with Dunn County began 8 years ago and I have been serving as the primary Social Worker for the East Neighborhood and Arrowhead Household. Dunn County Healthcare Center is where I completed my internship while studying for my Social Work and Vocational Rehabilitation degrees, at the University of Wisconsin-Stout. I am looking forward to taking on this new role and continuing to work with my fellow Social Worker, Brenda Ausman. It has been a privilege working with and learning from Tracy Fischer, our former Social Services Mentor. We wish her the very best with ADRC. A

little bit about me - my hometown is Clear Lake, Wisconsin. Spending time with my family up north, my dogs Mollie (6 month old lab) and Jimmy (10 year old dachshund) and tending to my plants and garden are important to me.



DECEMBER IS BINGO'S BIRTHDAY MONTH!

BINGO originated in Italy in the 1500's and was called "Lo Giuoco del Lotto D'Italia". It was picked up by the French in the 1700's where the name changed to "Le Lotto". This version featured 27 squares, laid out in three rows and nine columns. With numbers from 1-90 randomly arranged in the boxes, it is this design which has survived the test of time and we see today. "Le Lotto" traveled to America in the 1920's and was originally called "Beano". When players covered a row, column or diagonal they would shout, "BEANO!" to indicate that they won. It is said that toymaker Edwin Lowe came across the game being played at a carnival in Georgia, took it back to New York, and started his own version.

Using a rubber numbering stamp, a card board, and dried beans, he gathered his friends and they all began playing. The story goes that one player was so excited that they had won, they shouted "BINGO!" instead of "BEANO!". The name stuck and has been that ever since. By the 1940's BINGO was being played across the country as it still is today!



St. Nicholas Day December 6th

St. Nicholas is the patron saint of a great many causes. Some of the causes include sailors, travelers, clergy, school children, and thieves, to name a few.

Dutch immigrants brought the legend of Saint Nicholas, known to them as Sint Nikolaas or by his nickname, Sinterklaas, to America in the 1700s.

Don't forget about the tradition! Leave your shoes out in hopes for a little treat from St. Nick!



The Neighbors Holiday Party Schedule

All parties will start at **2:00 pm** in the household. Family members are welcome to visit during that time, but please remember that **masks are required in the building**. Family members will **not** be able to eat with residents during the party. Staff will have music, presents, and trivia planned for that day as well.

**Even
Tide
12/10**

**Eastbrook
12/13**

**Tender
Hearth
12/14**

**Inglenook
12/15**

**Deerview
12/16**

**Red
Cedar
12/20**

**Morning
Song
12/21**

Merry Christmas!



Festive Fun Facts

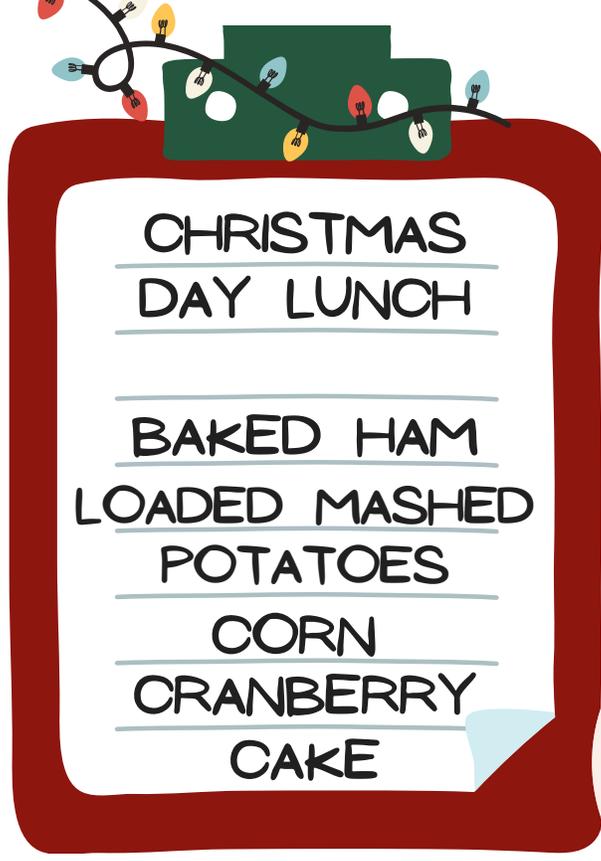
Jingle Bells was the first song played in space.

The Statue of Liberty is the largest Christmas gift ever given gifted from France to the United States.



CHRISTMAS
EVE SUPPER

CHICKEN KIEV
RICE PILAF
CANDIED CARROTS
CHRISTMAS
COOKIES



CHRISTMAS
DAY LUNCH

BAKED HAM
LOADED MASHED
POTATOES

CORN
CRANBERRY
CAKE

The Rockefeller Center Christmas tree features more than 25,000 lights.

Over a billion and a half Christmas cards are sent each year in the U.S.



Children have been leaving cookies and milk out for Santa since at least 1896.



Happy New Year!

Enjoy these fun facts!

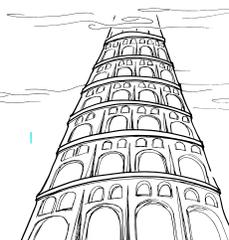


Americans drink around 360 million glasses of sparkling wine on New Year's.



The island nation Kiribati rings in the new year first while American Samoa is one of the last places.

2,000 pounds of confetti are dropped in Times Square



Ancient Babylonians celebrated New Year's in March.

Baby New Year has been a symbol of the holiday since around 600 B.C., starting in ancient Greece

January is National Blood Donor Month



Every 2 seconds someone in the U.S. needs blood and or platelets.



The average red blood cell transfusion is approximately 3 units. A single car accident victim can require as many as 100 units of blood.



The blood type most often requested by hospitals is type O.

One donation can potentially save up to three lives.

3

Helpful Links

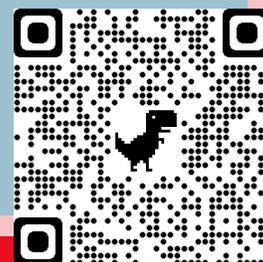
Finding a Drive:

www.redcrossblood.org/give.html/find-drive

Eligibility Information:

<https://www.redcrossblood.org/donate-blood/how-to-donate/eligibility-requirements.html>

Use this QR Code to learn more about the American Red Cross Blood Donor App!



January is National Bath Safety Month



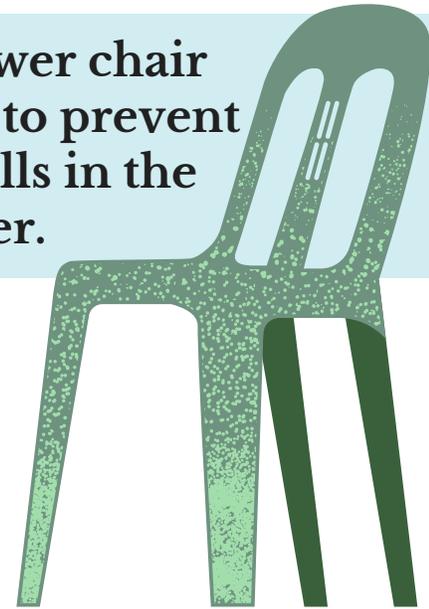
Falls Prevention Tips

Each year thousands of people of all ages visit the emergency room due to bathroom-related slips and falls. Consider these tips to help prevent falls in the bathroom!

Make sure the area is well-lit so that you are able to see any hazards!

Especially at night!

Utilize a shower chair while bathing to prevent weakness/falls in the shower.



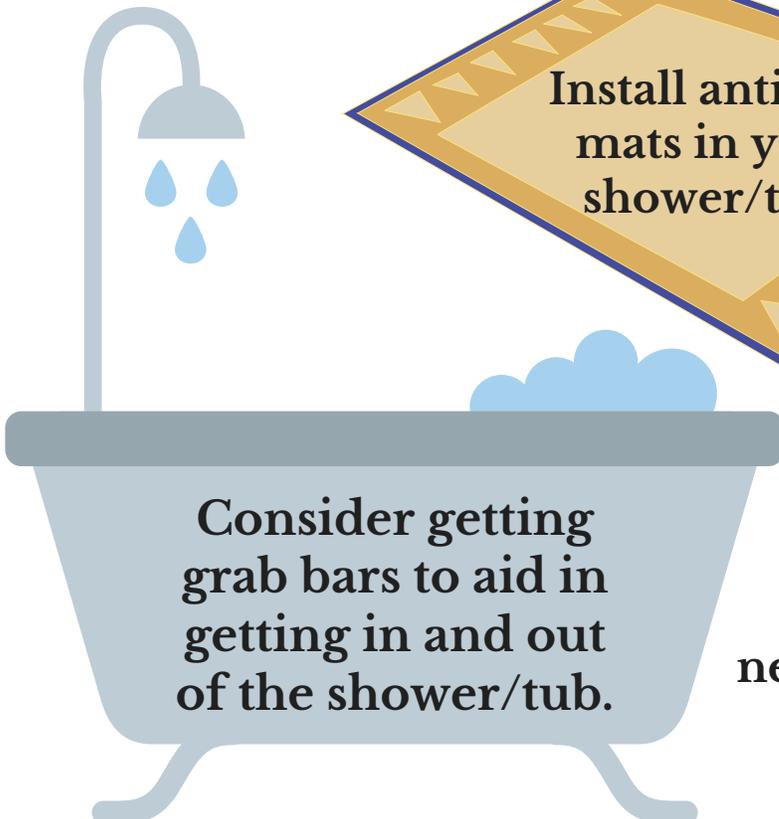
Install anti-slip mats in your shower/tub.



Place toiletries in easy to reach areas.



Consider getting grab bars to aid in getting in and out of the shower/tub.



Set all needed supplies out prior to bathing.