



# March 2021 STRUCTURED ACTIVITY SCHEDULE for The Neighbors - EAST

\*All programs, including locations/times, are approximate and subject to change

\*\*Household staff facilitate unscheduled activities throughout the days, evenings, and weekends

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|---|--|--|---|--|
| <b>1</b>  | <b>2</b>   | <b>3</b>   | <b>4</b>  | <b>5</b>   |
| 9:30 Music Therapy<br>(East Chapel - ch. 43)<br>11:00 1:1 Music Visits<br>(Eastbrook)<br>2:00 Sing Along<br>(West Chapel - ch. 41)<br>3:00 Yahtzee<br>(Morning Song)  | 9:30 Bunco<br>(Morning Song)<br>10:30 Bunco<br>(Tenderhearth)<br>11:15 1:1 Visits (Eastbrook)<br>2:00 Reminiscing<br>(West Chapel - ch. 41)<br>2:45 Yahtzee<br>(Tenderhearth)<br>4:00 Exercises<br>(Central Chapel - ch. 42)   | 9:45 Exercises<br>(Central Chapel - ch. 42)<br>10:00 Sing Along<br>(East Chapel - ch. 43)<br>1:30 1:1 Music Visits<br>(Eastbrook)<br>4:00 Worship Service<br>(East Chapel - Ch. 43)  | 9:30 Pokeno<br>(Morning Song)<br>10:30 Pokeno<br>(Tenderhearth)<br>11:15 1:1 Visits (Eastbrook)<br>2:00 Catholic Prayer Service<br>(West Chapel - ch. 41)<br>3:00 Reminiscing<br>(West Chapel - ch. 41)<br>3:30 Humor Time<br>(East Chapel - ch. 43)  | 9:30 Hymn Appreciation<br>(East Chapel - Ch. 43)<br>10:45 1:1 Music Visits<br>(Eastbrook) <br><b>2:00 Happy Hour Music by Jim Nelson</b><br>(Livestreamed - ch. 39)                            |
| <b>8</b>  | <b>9</b>   | <b>10</b>  | <b>11</b>   | <b>12</b>  |
| 9:30 Music Therapy<br>(East Chapel - ch. 43)<br>11:00 1:1 Music Visits<br>(Eastbrook)<br>2:00 Sing Along<br>(West Chapel - ch. 41)<br>3:00 Yahtzee<br>(Morning Song)  | 9:30 Bunco<br>(Morning Song)<br>10:30 Bunco<br>(Tenderhearth)<br>11:15 1:1 Music Visits<br>(Eastbrook)<br>2:45 Yahtzee<br>(Tenderhearth)<br>4:00 Exercises<br>(Central Chapel - ch. 42)  | 9:45 Exercises<br>(Central Chapel - ch. 42)<br>10:00 Sing Along<br>(East Chapel - ch. 43)<br>1:30 1:1 Music Visits<br>(Eastbrook)<br>4:00 Worship Service<br>(East Chapel - Ch. 43)  | 9:30 Pokeno<br>(Morning Song)<br>10:30 Pokeno<br>(Tenderhearth)<br>11:15 1:1 Music Visits<br>(Eastbrook)<br>2:00 Catholic Prayer Service<br>(West Chapel - ch. 41)  | 9:30 Hymn Appreciation<br>(East Chapel - Ch. 43)<br>10:45 1:1 Music Visits<br>(Eastbrook)<br><b>2:00 Music by Al Julson</b><br>(Livestreamed - ch. 39)    |
| <b>15</b>   | <b>16</b>  | <b>17</b>  | <b>18</b>   | <b>19</b>  |
| 9:30 Music Therapy<br>(East Chapel - ch. 43)<br>11:00 1:1 Music Visits<br>(Eastbrook)<br>2:00 Sing Along<br>(West Chapel - ch. 41)<br>2:00 Baking<br>(Morning Song)   | 9:30 Bunco<br>(Morning Song)<br>10:30 Bunco<br>(Tenderhearth)<br>11:15 1:1 Music Visits<br>(Eastbrook)<br><b>3:00 Beer Tasting (Tenderhearth)</b> <br>4:00 Exercises<br>(Central Chapel - ch. 42) | 9:45 Exercises<br>(Central Chapel - ch. 42)<br><b>10:00 Irish Music/Jokes (East Chapel - ch. 43)</b><br>1:30 1:1 Music Visits<br>(Eastbrook) <br>4:00 Worship Service<br>(East Chapel - Ch. 43) | 9:30 Pokeno<br>(Morning Song)<br>10:30 Pokeno<br>(Tenderhearth)<br>11:15 1:1 Music Visits<br>(Eastbrook)<br>2:00 Catholic Prayer Service<br>(West Chapel - ch. 41)<br>3:30 Humor Time<br>(Tenderhearth)   | <b>7:30 Men's Breakfast (Room Delivery)</b><br>10:00 Hymn Appreciation<br>(East Chapel - Ch. 43)<br><b>2:00 Happy Hour (Room Delivery)</b><br>Music by John Lynch  <br>(Livestreamed - ch. 39) |
| <b>22</b>   | <b>23</b>  | <b>24</b>  | <b>25</b>   | <b>26</b>  |
| 9:30 Music Therapy<br>(East Chapel - ch. 43)<br>11:00 1:1 Music Visits<br>(Eastbrook)<br>2:00 Sing Along<br>(West Chapel - ch. 41)<br>3:00 Yahtzee<br>(Morning Song)  | 9:30 Bunco<br>(Morning Song)<br>10:30 Bunco<br>(Tenderhearth)<br>11:15 1:1 Music Visits<br>(Eastbrook)<br>2:45 Yahtzee<br>(Tenderhearth)<br>4:00 Exercises<br>(Central Chapel - ch. 42)  | 9:45 Exercises<br>(Central Chapel - ch. 42)<br>10:00 Sing Along<br>(East Chapel - ch. 43)<br>1:30 1:1 Music Visits<br>(Eastbrook)<br>4:00 Worship Service<br>(East Chapel - Ch. 43)  | 9:30 Pokeno<br>(Morning Song)<br>10:30 Pokeno<br>(Tenderhearth)<br>11:15 1:1 Music Visits<br>(Eastbrook)<br>2:00 Catholic Prayer Service<br>(West Chapel - ch. 41)  | 9:30 Hymn Appreciation<br>(East Chapel - Ch. 43)<br>10:45 1:1 Music Visits<br>(Eastbrook)<br><b>2:00 Music by Steve Szydel</b><br>(Livestreamed - ch. 39)   |
| <p><b>During COVID-19 Protocol:</b><br/>Households are NOT to be co-mingled.<br/>During small household groups, social distancing (6ft apart) needs to be followed.</p>  | <p><b>COVID-19 Protocol may change without notice!</b><br/>Please continue to wear your mask when out of your room!</p>  | <p><b>March Birthdays</b><br/>4 - Sally T.<br/>16 - Barb B.<br/>17 - Kathy P.<br/>18 - Don U.<br/>24 - Mary S.<br/>28 - Dennis A.</p>    |     |  |